

ASWA

## Create miraculous results in 30 Hours to Live Completely

(Conversation for self-development for happy personal and professional life)



LOVE ALL - SERVE ALL

*Please continue reading the note below even though it is long!*

You have contributed a lot through ASWA for many people in the society.

It is time ASWA does something for your betterment and happy life.

This proposal is borne out of the feeling to add something to your life- *not that you are lacking* but all of us have a scope to rise above our current level- no matter how much you are successful and happy! Life is a journey! There is always a better state of being!

Imagine a time when

- You have **fit and healthy body** which is free of any laziness, lethargy, pain.
- You have a **great peace in the mind** without any stress with sharp mind
- You have **best relationships** with family members and colleagues at **workplace**
- Your spouse and kids feel you are a **hero and the best person** in the world
- Your **productivity is at its peak** and gets recognition and awards.
- You are **working for society** by sharing in a natural way for a better world.

**Does all this sound too ideal?**

- ✚ Why not aim for ideal situation?
- ✚ Even if ideal, do you want to achieve all of it- assuming it is possible?
- ✚ If yes, what do you think is stopping you!?
- ✚ What if it takes only 1 hour a day for 30 days to achieve this? Not believable?
- ✚ It is possible. There is a system. It takes **30 hours to create miracles**.
- ✚ We just have to start!

### **About the session**

The content of the proposed interactive session is built on the real life wisdom developed over several years by the speaker through rigorous study, implementation, and experimentation with an open mind to learn and become better. The content is not aligned to any school of thought but ideas taken from multiple sources which include many books, people and life experiences. The journey of the speaker started with these initial qualities: *lazy, defocussed, sarcastic, aggressive, low productive, clueless, addiction (to news/movies/cricket etc.), passionate, enthusiastic to learn.* With systematic work over a short period, the following are achieved by the speaker:

- Extremely peaceful mind- free of stress, tension, conflicts, competition etc.
- Highly productive at work and other interests
- Happy family of spouse, kids and extended family. Absolutely ZERO differences with wife. Live in a state of bliss at home
- Contribute to society with the wisdom
- The journey ahead is clear. Long way to go and reach perfection.

The speaker will share his wisdom and experiments in the session.

### **About the speaker**

Prof. Hari Kumar Voruganti did his PhD from IIT Kanpur. He was a visiting researcher at TU Berlin, Germany. He worked for his postdoctoral research at Johannesburg. After a brief experience at IIITDM Jabalpur, MP, he joined NIT Warangal in 2012 and continues to work there. He is also Associate Dean (Academics) at NIT Warangal. He has published over 50 research papers in international journals/conferences apart from a book He lives there with his wife, Poornima and two kids (Jagriti and Anurag). He has a self-development journey of about 15 years during which he tried to mold himself to be a better human. He likes to learn from others, share his wisdom and contribute towards gross national happiness of the world!